

# my plate my planet

Grow well. Eat well. Save well.

## GET YOUR SCHOOL INVOLVED IN **NATIONAL NUTRITION WEEK**

11 - 17 OCT 2020

Inspire students to make a difference in their health and the planet by choosing sustainable foods

Find out more by visiting  
[www.nutritionaustralia.org/division/nsw/national-nutrition-week](http://www.nutritionaustralia.org/division/nsw/national-nutrition-week)

